

*Mind,  
Body  
& Spirit*

# MANUAL FOR LIVING: REALITY

*A User's Guide to the Meaning of Life*

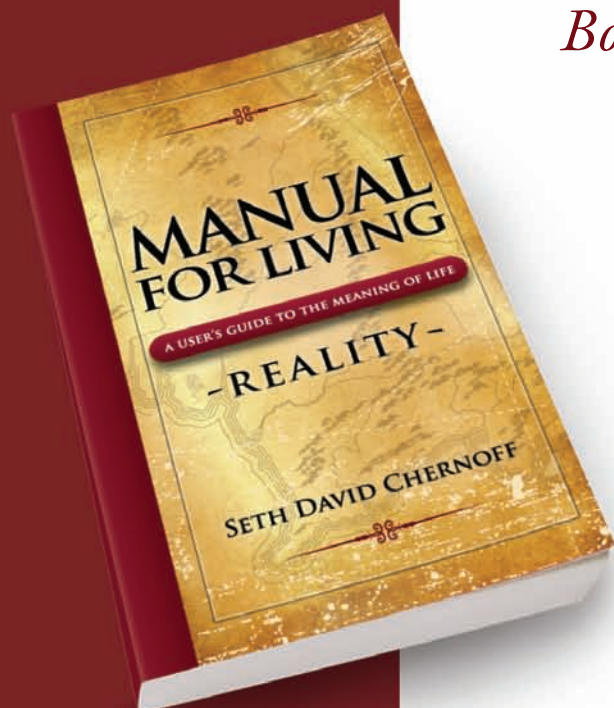
## About the *Book*

The new award-winning *Manual For Living: Reality, A User's Guide to the Meaning of Life* (Spirit Scope Publishing, 296 pages, \$15.95) is a genuine user's guide to the meaning of life, and will change the way you see the world. Its straightforward guidance and practical wisdom will help you remain true to your path and purpose in life.

- *Find True Fulfillment and Lasting Happiness*
- *Overcome Your Fear of Death*
- *Learn How to Fully Experience Life*
- *Reconnect With Your Inner Truth*
- *Discover Your True Purpose*

## About the *Author*

**Seth David Chernoff** is an award-winning author, two time cancer survivor, highly successful marketing professional and founder of multiple companies. His work has been featured in The Wall Street Journal, Chicago Tribune, San Francisco Chronicle, Popular Mechanics, Business Week, USA Today, on radio stations across the country, and on ABC and PBS TV. [www.SethChernoff.com](http://www.SethChernoff.com)



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